MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6		8
PIZZA FRUIT	CHEESEBURGER FRUIT	BEAN AND CHEESE BURRITO	CORN DOG FRUIT	
VEGETABLE	VEGETABLE	FRUIT	VEGETABLE	
MILK	MILK	VEGETABLE MILK	MILK	
		COOKIE DAY		
	12	13	14	15
PIZZA FRUIT	CHEESEBURGER FRUIT	BEAN AND CHEESE BURRITO	CORN DOG FRUIT	
VEGETABLE MILK	VEGETABLE MILK	FRUIT VEGETABLE	VEGETABLE	
MILK	MILK	MILK	MILK	
		COOKIE DAY		
18	19	20	21	22
PIZZA FRUIT	CHEESEBURGER FRUIT	BEAN AND CHEESE BURRITO	CORN DOG FRUIT	
VEGETABLE	VEGETABLE	FRUIT	VEGETABLE	
MILK	MILK	VEGETABLE MILK	MILK	
		COOKIE DAY		
25	26	27	28	29
PIZZA FRUIT	CHEESEBURGER FRUIT	BEAN AND CHEESE BURRITO	CORN DOG FRUIT	
VEGETABLE	VEGETABLE	FRUIT	VEGETABLE	
MILK	MILK	VEGETABLE MILK	MILK	
		COOKIE DAY		

MOUNTAIN VIEW ACADEMY OCTOBER 2021 MENU

PEANUT BUTTER AND JELLY

TURKEY SANDWICH

AVAILABLE EACH DAY FOR LUNCH

ALL LUNCHES SERVED WITH FRUIT, VEGETABLE AND MILK

BAKED WG CRACKERS OR CHIPS SERVED WITH EACH LUNCH.

MILK VARIETY AVAILABLE EACH MEAL 1% WHITE MILK FAT FREE CHOCOLATE

ALL GRAIN PRODUCTS SERVED
ARE
WHOLE GRAIN RICH.

WG = WHOLE GRAIN

CONTACT US:

Child Nutrition Services 541-554-4969

MENU SUBJECT TO CHANGE